

Ice time fee:

1 hour Freestyle sessions _____ X \$21.00 = \$ _____

Stroking Class package A,B,C or D: \$ _____

Punch Cards will be issued for stroking classes and may be used for any class

A) 8 stroking classes @\$12 each = \$96.00

B) 16 stroking classes @\$10 each = \$160

C) 24 stroking classes @\$8 each = \$192

D) 32 stroking classes @\$7 each = \$224

Late Fee (After 7/01/10) 50.00

Total \$ _____

50% Deposit Enclosed: \$ _____

Cost: \$21 Per Ice Session for punch cards ~

Ice Walk-On: \$25 Per Session

Stroking class walk on \$15

~ ALL SESSIONS ARE OPEN SESSIONS ~

Name: _____

Street: _____

City/Town _____

State: _____ Zip: _____ Phone: _____

DOB: _____ E-mail: _____

Coach(es) _____

Emergency Contact Name & Phone: _____

Disclaimer: I hereby give my approval for the above named applicant to participate in the GSSC Figure Skating Program. I assume all risks inherent to such participation and further release, absolve, indemnify and hold harmless the GSSC for any claim arising out of injury or subsequent care, attention or treatment to any skater. I expressly authorize and request the GSSC, Wall Sports Arena and it's Coaching Staff or any member of the organization to act for me and in my behalf according to his/her best judgment in any emergency or injury to my child requiring paraprofessional or professional medical attention or treatment in the event I am not available or cannot be reached. I hereby have read and understand the risk of serious injury statement on this application

Parent or Guardian Signature

Date

Mark your calendar!
Summer Exhibition will be held August 20th 7pm



2010 Summer Program

July 12 2010 to September 3, 2010

Garden State Skating Club

c/o Fran Sulak

53 Lewis Point Road

Fair Haven, NJ 07704

frsulak@comcast.net

732-778-0931

Member:



Garden State Skating Club
2010 Figure Skating Program
July 12, 2010 through September 3, 2010

Summer 2010 Club Ice Schedule

ON ICE TIMES:

Monday & Wednesday	Tuesday, Thursday, Friday
4:30 pm – 5:30 pm	7am – 8 am
6 pm – 7 pm	8 am – 9 am
	9:30 am – 10:30 am

Stroking Classes

**Stroking classes are 15 min and include instruction by Senior GSSC coaches,
times are below**

Mon	Tues	Wed	Thurs	Fri
5:30pm	9:00am	5:30pm	9:00am	9:00am

Rules for contracting for Garden State Skating Club ice:

1. You **MUST** be a **GSSC Member**.
2. You will be liable for all ice time contracted, therefore, you should coordinate with your coach(es) before purchasing.
3. No application will be accepted if you have an outstanding ice bill or coach's bill.
4. A 50% deposit is required and must be paid prior to **July 1st, 2010** in order to hold your ice time. No ice will be held without the necessary deposit and/or full payment. 2nd deposits will be due on July 23rd, 2010. **Deposits and balance payments received after the due dates will be subject to a \$50 late fee.** There will be no exceptions to this rule. **THERE IS A \$25 RETURNED CHECK FEE. Please make a note of these dates, the amounts are still due by the due date regardless of whether you receive a bill in the mail.**

Submission of this application will constitute a contract between you and the Garden State Skating Club for the ice time indicated for the period July 12, 2010 through September 3, 2010. Any unused ice time will be forfeited.

Rules for skating on Garden State Skating Club ice:

You **MUST** be a **USFSA Member**, no exceptions. All skaters are expected to follow the rules posted at the rink with regard to ice etiquette. A copy of these rules may be found on the Club website, www.gardenstatesc.org.

There will be an ice monitor at all Club sessions. All skaters must present a punch card or walk on fee to the ice monitor prior to getting on the ice for each session skated.

Walk-on skaters will not get on the ice prior to paying the ice monitor for the session.

Any skater on the ice during a session they have not contracted for, or for which they have not paid the walk-on fee, will be asked to leave.

Additional Off Ice Classes for Skaters

Off Ice Classes – payable directly to instructor. - held after last freestyle session of the day

Off Ice Jump Class – 30 min \$10 Both beginner and advanced instruction in multi-rotational jumps will be given by Barbara DeLaney Smith. A variety of general and jump specific off-ice exercises will stress and reinforce correct rotational body alignment. Mondays and Tuesdays after the freestyle sessions.

Off ice conditioning by Maximum Performance located conveniently in the Red Rink. Maximum Performance is an affordable Sports Performance Training Center that is geared towards increasing each athlete's speed, agility, strength and conditioning so that they can perform better. They offer unlimited conditioning for July and August for \$50 per month. Sessions run from 4:30 - 7:30 p.m. and 8 - 11 a.m. Monday through Friday and can be coordinated with your freestyle sessions and started every 15 minutes.